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Virtues of Ramadhan

The blessed month of Ramadhān in comparison to all other months is like the heart in a body. If the heart is healthy, the rest of the organs will function well. Likewise, if the month of Ramadhān is spent well, the remaining months will be filled with blessings.

Our pious brothers and sisters have always capitalised on the month of Ramadhān. They go out of their way in pleasing Allah.

We should, therefore, try our utmost best to spend this Ramadhan in a manner that Allah becomes pleased with us.

This journal contains some good deeds which you can carry out through the month and track your progress.

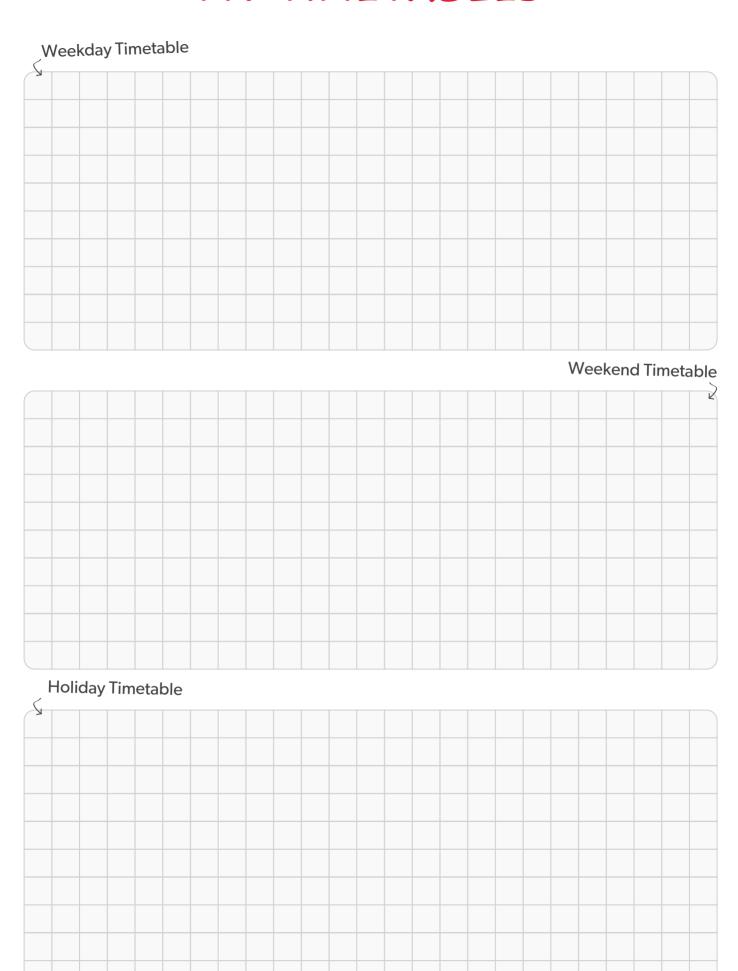
Cut down on your usage of digital devices and social media, along with wasting time it could also make you fall into those acts that would displease Allah.



MY TARGETS

If you fail to plan, prepare to fail. Use this page to jot down your plan for the month and ensure that your targets are realistic and achievable.

MY TIMETABLES



Virtues of Salah and Nawafil

Salah is our key to success in this world and the next. It doesn't matter what is happening in your life, NEVER let go of your Fardh Salah.

Nawaafil is the plural of Nafl, it means optional prayers. You don't have to pray these all the time, If you do, it will benefit you immensely.

Some of the Nawafil are listed below:

Salaat ut Tahajjud

Tahajjud Salah can be performed at any time in the night after Isha till the beginning of Fajr. The best time for Tahajjud, however, is an hour or so before the beginning of Fajr, so you can perform it when you wake up for suhoor. It is optional and can be prayed between 2-12 raka'at.

It has numerous benefits. Out of all nafl prayers Tahajjud is the most powerful and can get you anything you want in life, so long as it is beneficial for you.

Salaat ul Ishraq

The time for Ishraq salaah is 20 mins after sunrise till noon. 2-4 raka'at are prayed for Salaat ul Ishraq.

The benefit of performing this Salah is that you will receive the reward of performing Hajj and Umrah. How great is that!!

Salaat ud Dhuha (Chaasht)

Dhuha salaah (or Chaasht) is performed between the time the Sun has fully risen till midday.

2-8 raka'at are prayed for Salaat ud Dhuha. Whosoever offers Salaat ud-Dhuha as 12 raka'at, Allah will build for him a palace in Paradise and the person's sins will be forgiven, even if they amount to all the foam in the sea.

Salaat ul Awwabeen

Awwabeen is performed after the 3 raka'ats of Maghrib salaah. The 2 raka'at of sunnah performed after the Maghrib salaah can be included in the 6 raka'at.

Whoever performs 6 raka' at after Maghrib salaah will earn the reward of 12 years of optional worship. That is awesome, SubhanAllah!!

	Fajr	Zuhr	Asr	Maghrib	Isha	Tarawih	Tahajjud	Ishraq	Dhuha	Awwabin
Day 1	$\overline{\mathbf{v}}$	\bigcirc	~		~					
Day 2	\bigcirc	\checkmark	\bigcirc	\checkmark	~					
Day 3	\checkmark	\bigcirc	\bigcirc		\bigcirc					
Day 4	\checkmark	\checkmark	V		V	\checkmark				
Day 5		\checkmark	\checkmark	V	\checkmark	\checkmark				
Day 6	\checkmark	\checkmark	V		V					
Day 7	\checkmark	\checkmark	V	V	V					
Day 8	V	V	V	V	V	\checkmark				
Day 9		\checkmark		V	V	\bigcirc				
Day 10	\bigcirc	\bigcirc	V		V	\bigcirc				
Day 11		\bigcirc	~	\bigcirc	~	\checkmark				
Day 12			\bigcirc	V	~	\checkmark				
Day 13	\bigcirc	\checkmark	\bigcirc	V	~	V				
Day 14	\checkmark	\checkmark	\bigcirc		~					
Day 15		\bigcirc	\checkmark	V	V	\bigcirc				
Day 16	\checkmark	\checkmark	V	V	\checkmark	\checkmark				
Day 17	V	V	V	V	V					
Day 18		\checkmark	\checkmark	V	\bigcirc	\checkmark				
Day 19	V	\bigcirc	\bigcirc	V	V	\bigcirc				
Day 20					V					
Day 21		\bigcirc	~	\checkmark	~	\checkmark				
Day 22	\checkmark	\bigcirc	\bigcirc		~					
Day 23		\checkmark	\bigcirc	V	\bigcirc	\checkmark				
Day 24	\checkmark	\checkmark	V	V	V					
Day 25	V		V	V	V	\checkmark				
Day 26	V	V	\bigcirc		~	\bigcirc				
Day 27	\checkmark	\bigcirc	V		▽					
Day 28	< >				✓					
Day 29				✓	⊘					
Day 30		V			\bigcirc					

Salah Tracker

Key



Fardh Salah



Nafl Salah

Quran Tilawah Tracker

The Quran is the Book of Allah, there is no book on this earth greater than the Quran. The Quran contains guidance for the whole of Mankind.

You should not only recite the Quran in class or during an event. The Quran should be recited throughout your life, this will bring a lot of peace and happiness in your life.



Day 1	Amount	Page Number	Day 16	Amount	Page Number
Day 2	Amount	Page Number	Day 17	Amount	Page Number
Day 3	Amount	Page Number	Day 18	Amount	Page Number
Day 4	Amount	Page Number	Day 19	Amount	Page Number
Day 5	Amount	Page Number	Day 20	Amount	Page Number
Day 6	Amount	Page Number	Day 21	Amount	Page Number
Day 7	Amount	Page Number	Day 22	Amount	Page Number
Day 8	Amount	Page Number	Day 23	Amount	Page Number
Day 9	Amount	Page Number	Day 24	Amount	Page Number
Day 10	Amount	Page Number	Day 25	Amount	Page Number
Day 11	Amount	Page Number	Day 26	Amount	Page Number
Day 12	Amount	Page Number	Day 27	Amount	Page Number
Day 13	Amount	Page Number	Day 28	Amount	Page Number
Day 14	Amount	Page Number	Day 29	Amount	Page Number
Day 15	Amount	Page Number	Day 30	Amount	Page Number

Virtues of Different Adhkar

The word Adhkar is the plural of Dhikr, this means to remember and connect with Allah.

Allah is our Creator and one day we will all return to Allah in the next life. Whilst we are here in this life, we should connect with Allah and become close to Him. This is done through Salah, Quran Tilawah, by helping people, doing good to people and spending some time throughout our day in remembering Allah through Dhikr.

This can be done by reading different Adhkar. Some are listed below with their benefits:

Istighfaar

Istighfaar is to ask Allah for forgiveness. Istighfaar is not necessarily done only for a sin, rather it can also be done for our shortcomings. We should try and make a minimum of 300 istighfaar daily.

There are many benefits of istighfar, it helps remove worries and anxieties by bringing peace into one's life and it also wipes out a persons sins and replaces them with rewards.

Kalimah Tayyibah

There is no doubt that Kalimah Tayyibah is by far the best and foremost of all dhikr. We should try and recite Kalimah Tayyibah a minimum of 100 times daily.

Reading the Kalimah daily will strengthen our connection with Allah and Shaitan will be scared to come close to us.

Seeking Jannah and Protection from Jahannam

We have been strongly advised by our beloved Nabi (peace and blessings be upon him) to ask for two things in Ramadhan. This is the dua:

O Allah, I beg you for Jannah and seek your protection from Jahannam.

Durood Shareef

Durood is to send blessings on the best man who has walked on this earth, our beloved Nabi (peace and blessings be upon him).

By sending just one Durood upon our Nabi, we will receive ten mercies from Allah. Durood is the best way to become close to our beloved Nabi. If you want the Nabi of Allah to recognise you very well, send Durood in abundance. We should try and send a minimum of 300 Durood daily and in the month of Ramadhān, we should try and send 1,000 Duroods daily.

Adhkar Tracker

	اَسْتَغُفِرُ اللَّهَ Istighfaar	لَا إِلٰهُ اللهُ Kalimah	عْشًا غُشًا Allah	صلی الله علیه وسلم Durood
Day 1	Amount	Amount	Amount	Amount
Day 2	Amount	Amount	Amount	Amount
Day 3	Amount	Amount	Amount	Amount
Day 4	Amount	Amount	Amount	Amount
Day 5	Amount	Amount	Amount	Amount
Day 6	Amount	Amount	Amount	Amount
Day 7	Amount	Amount	Amount	Amount
Day 8	Amount	Amount	Amount	Amount
Day 9	Amount	Amount	Amount	Amount
Day 10	Amount	Amount	Amount	Amount
Day 11	Amount	Amount	Amount	Amount
Day 12	Amount	Amount	Amount	Amount
Day 13	Amount	Amount	Amount	Amount
Day 14	Amount	Amount	Amount	Amount
Day 15	Amount	Amount	Amount	Amount
Day 16	Amount	Amount	Amount	Amount
Day 17	Amount	Amount	Amount	Amount
Day 18	Amount	Amount	Amount	Amount
Day 19	Amount	Amount	Amount	Amount
Day 20	Amount	Amount	Amount	Amount
Day 21	Amount	Amount	Amount	Amount
Day 22	Amount	Amount	Amount	Amount
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Day 24	Amount	Amount	Amount	Amount
Day 25	Amount	Amount	Amount	Amount
Day 26	Amount	Amount	Amount	Amount
Day 27	Amount	Amount	Amount	Amount
Day 28	Amount	Amount	Amount	Amount
Day 29	Amount	Amount	Amount	Amount
Day 30	Amount	Amount	Amount	Amount



Virtues of Dua

Dua is our conversation with Allah, the more we converse with Allah, the closer we will InshaAllah be to Him. The closer we are to Allah, The more he will shower us with His special Mercy and kindness.

We should learn to speak to Allah. Below are a list of duas you can make to Allah. You can also write your own duas at the end.

My Dua to My Allah

O my Allah, my Creator, my Sustainer, O the Most Beautiful Allah, O the Most Kind Allah, O the Most Generous Allah, O the Most Forgiving Allah, You are Great, You are the Most Powerful, You are the Most Knowledgeable, the Most Wise. I believe in You, I worship you and only you, there is none worthy of worship besides You, O Allah.

O my Allah I have raised my hands before You, I am Your very weak servant, I am Your very sinful servant, I do bad after bad, I disobey You although You have filled my life with blessings, You have blessed me with life, you have made me healthy and wealthy, I do not need to beg for food, nor do I need any help to walk, despite all of this I still disobey You and break Your commands, I feel very guilty.

O Allah the Most Merciful the most Kind Allah, O the Most Forgiving Allah, please forgive me, please forgive all my minor and major sins, please forgive the sins I have committed secretly and openly, please forgive the sins I have committed mistakenly and on purpose, please accept my Taubah and grant me the strength to stay away from sins.

O Allah I beg you for guidance, show me the straight path and protect me from the path of shaitan and from sins. O my Allah fill my life with blessings, bless me with good health, bless me with a lot of wealth, bless me with happiness and bless me with the knowledge of Deen Islam. O my Beloved Allah, protect me from the evils of my nafs, protect me from all kinds of harm, protect me from physical and mental illnesses, protect me from all spiritual diseases and protect me from sudden calamities. O Allah, protect me from harming others and from being harmed. O Allah, bless me with a bright future and protect me from all decisions and actions that would destroy my life in this world and the next.

O the Most merciful Allah, have mercy on my parents how they have had mercy on me when I was a child, O my Allah forgive my parents and my teachers, keep them in good health, remove their difficulties and worries and fill their hearts with peace and tranquillity.

O Allah, help my parents and my teachers in every stage in life and grant them the best of reward in this world and the hereafter for looking after me.

O my Allah shower your mercy, forgiveness, blessings and guidance upon my grandparents, brothers, sisters, uncles, aunts, nephews, nieces and my entire family, those alive and those who have left this world.

O Allah the most merciful the most kind, have mercy on the Ummah of your (peace and blessings be upon him), forgive the Ummah of your Nabi (peace and blessings be upon him), guide the Ummah of your Nabi s(peace and blessings be upon him) and help them and protect them from all kind of harm.

O my Allah, help the poor, cure those who are ill, remove everyone's worries and difficulties.

O the most powerful Allah, help my brothers and sisters who are oppressed around the world, especially of whom we do not know, but you do.

O my most beautiful Allah, O my beloved Allah, accept this Dua of mine, grant me, my parents, my teachers, my family and everyone, all the goodness which my beloved Nabi (peace and blessings be upon him) asked from you in his twenty three years of prophethood.

O my beloved Allah protect me, my parents, my teachers and my family from all the harm which my beloved Nabi sallallahu alaihi wasallam asked protection from.

O Allah send countless of peace and blessings upon our master, our beloved Nabi Hazrath Muhammad Mustafa (peace and blessings be upon him), his family and companions.

Ameen



Zakat Calculator

Assets	Liabilities	
Gold & Silver		
Value of gold you possess:	Money owed (Borrowed or credit):	
Value of silver you possess:	Other outgoings	
Cash	(Tax, rent, utilities due in the current lunar year)	
In hand and in bank accounts:		
Savings for the future:		
Money you have loaned:		
Total Assets :	Total Liabilities:	

Total Assets - Total Liabilities = **Net Assets**

x 0.025 = Zakat

Sadaqah

Sadaqah (charity) can take many forms, from providing a well for clean water, to building a hospital, masjid, or a madrassah to establishing a school.

The Prophet (s.a.w) was the most generous of people, and he would become more so generous in the month of Ramadan. [Bukhari].

Charity does not in any way decrease the wealth. [Muslim]

Try carrying out different forms of charity every day.



